

4). **Personal Protection SWINEFLU**

This short video shows provides all the information you need to make decisions on your own and family safety. It provides supporting advice on how best to protect you in your day to day duties, work and travel. The seminar tells you why most current advice is flawed with logical explanation and most importantly provides information on what you can or perhaps should do.

The seminar covers the following issues;

- Why is the world so concerned at emerging diseases such as Bird and Swine flu SARS etc.
- What is a pandemic and what is the significance
- Should you be concerned or worried?
- Who is at greatest risk?
- Do anti virals like Tamiflu work?
- We show why masks will provide absolutely no protection
- We show you how to protect yourself and family
- We show why avoiding strangers is so important
- We prove to you why self defence is your best option.