

## FREE Hand washing Video

This short film shows you how you should wash your hands properly. Most people have never been taught how to wash their hands properly and in our class's we actually prove just how poor hand hygiene is, by using a special soap and ultraviolet trace dyes.

Remember surgeons "Scrub up" for 20 minutes before they put on protective gloves. You may need similar concerted effort if you are to protect yourself against "Fomites"

We recommend you view our pay to view film modules on personal protection and various techniques of management of infection.